

FREE FASHION TRAVEL PEOPLE IDEAS BEAUTY

# STYLIST

NEW

BOOSTER  
Energy

Hectic  
lifestyle



BOOSTER  
Repair

Sunburn



BOOSTER  
Detox

Over-  
indulging



Partying

CLARINS

## GET COSY WITH NATURALS



SUSIE'S ORANGE LAMPFRONTS ADD WEIGHTINESS TO HER LIVING ROOM'S Muted PALETTE



**Interiors stylist Susie Clegg, 41, is from London**

As an interiors stylist, I'm surrounded by props, colour and patterns, so my house needs to be calm and uncluttered. My style is minimal and considered but with lots of vintage pieces to add character. Incorporating natural materials also softens any look and adds depth in small spaces; rattan footstools, wool carpets and seagrass rugs are all functional and tactile and I love the organic, wholesome look they create.

When choosing a palette, think of your home as a whole rather than as individual rooms so that each space flows nicely into the next and you can move furnishings between rooms. I like pared-back colours such as greys and blues for the walls as they are neutral without being monochrome. But even with a muted palette, include



NATURAL MATERIALS AND TUBES ADD DEPTH AND INTEREST

pops of colour so that the overall look doesn't become too flat.

For upcycling, old floorboards make great display shelves as they add so much character.

When buying pieces to restore, bear the final cost in mind. My cabinet (above) cost £300 in total, but you would spend thousands buying something similar. Always check that nothing is missing (castors, catches etc) as this can hike up costs. If you're repairing furniture, paints like Annie Sloan's range don't require any priming, making the upcycling process that much easier.

## TAKE THE



**Niloufar Bakhtiar-Bakhtiar, 40, runs NBB Design, a company that focuses on using**

colour and contemporary art to add an unexpected twist

A house should reflect its owner; I'm half Swiss, half Persian and my Iranian heritage has a lot of influence over my interiors. In the Middle East your home is always open to friends, so I like mine to feel cosy, colourful and welcoming. One of the ways I do this is to ensure anything practical is pretty too. I love taking



METAL STRIPS ON A BATH GIVE AN EXTRA SENSE OF SPACE AND ADD LIGHT



## ORDINARY AND MAKE IT EXTRAORDINARY

something mundane and adding extra flourish. For example, I cover boring cupboard doors with fabric to make them more attractive and give them an unexpected twist and use mirrors in innovative ways. In my bathroom I wrapped bevelled mirror strips around my bath to help make the room brighter as there's no window in there.

Don't worry if you don't know your personal style; start by picking out one item you've always loved and use it as the basis for your inspiration. I once designed a whole house for a client based on a bikini, using its colours and pattern as our basis. Think how you can add personality; in my bathroom,

instead of a mirror, I put up hooks to display my beautiful necklaces that I hardly ever wear. Now I get to enjoy them every day.

Suspended lights are another way to save space over a side table and become a real feature.

If you're running short on storage, add shelves in your bathroom. You might not expect

shelving here, but it's a really good way of adding personality, especially if you can't redecorate.

Finally, interiors should always be fun. The focal point in my bathroom is the photograph by Alex Prager, so I added Budweiser cans to my shelves like the ones in the image. It creates a unique space.

