

HOMES & GARDENS®

JULY 2017

SIMPLY STYLISH

From elegant period looks to relaxed coastal chic

**DREAM SCHEMES FOR
BEAUTIFUL BEDROOMS**

ENGLISH ROSES TO
DELIGHT THE SENSES

**BIG IDEAS IN A
TINY TOWN GARDEN**

**SHOPPING FOR
THE LATEST
ARMCHAIRS,
COFFEE TABLES
AND RUGS**

Shades of summer

**EASY DECORATING THAT
BLENDS INDOORS AND OUT**



EXPERT VIEW CREATING A STATEMENT BED



TARA CRAIG,
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■ The three areas where pattern and decoration work most effectively in a bedroom are the walls, the window treatments and the bed. Yet the simplest and least expensive are the headboard, scatter cushions and bed throw. These items are the most versatile, as they can easily be changed without having to commit to the redecoration of an entire room or the cost of new curtains.

■ I tend to prefer classic white or ivory bedlinen with a small detail on the corners, such as diamond stitch. Crisp off-white linen always ensures that the space looks fresh and is the perfect base for adding colour through either a large blanket or an eiderdown.

■ It is important that a bedroom feels calm. Though extremely indulgent, fabric cladding is a wonderful way to achieve this, as are four-poster beds with curtaining, upholstered headboards and half testers. For a soothing feel, bedrooms tend to work best in pastels or neutral palettes, such as duck egg blue.

■ Side lights should be positioned 10-15cm above or below the top of the headboard, otherwise they are fighting for dominance instead of working harmoniously together.

■ I am excited to see the return of trimmings, which I use frequently in my current schemes. They can be very effective on the leading edge of curtains, around soft pelmets and headboards, or as tactile fringing to finish a cushion.

■ The other key trend is gathered valances, also to be found on skirts of chairs and sofas. Essentially, schemes are returning to a more traditional look, last seen predominantly between the 1930s and 1950s, involving lots of pattern and colour and more layering of fabrics and detailing with trims.

PHOTOGRAPHS: ANDREW BEASLEY (COVER STORY), TIME INC IMAGES/
SIMON BROWN (DOUBLE BLOOMS), SIMON BROWN (TWO TONE)



“
When decorating a bedroom, the first thing to consider is the colour scheme. I find that pale blues, pinks and grey tones work well, as they are soft and serene.”

AMELIA CARTER, interior designer, ameliacarter.com.

◁ FLORAL FANCIES

Although very similar, two different floral designs on the wallpaper and bedlinen allow for a slight variation in scale, while the elegant headboard and sculptural furniture mimic the romantic, natural forms.

▽ TWO TONE

The effect of this scheme, designed by Natalia Miyar, nataliamiyar.com, is understated yet elegant. Introduce pattern on the headboard and develop the look from there, layering other fabrics and prints to create depth.



△ **COVER STORY** To help soften the feel of a bedroom, consider upholstering more unusual features, such as wardrobe doors, as has been done in this scheme created by London-based NBB Design, nbbdesign.com. The smart border detail is echoed on the headboard panel, framing both elements and drawing the eye towards them.

◁ **ONE FOR ALL** While adventurous decorators like to mix multiple prints, sticking to one pattern and repeating it throughout can have equal impact. In this bedroom created by New York designer Katie Ridder, kateridder.com, the small-scale wallcovering design is carried across the pelmet and cushions and even appears on the piping of the armchair.

